



**FitKids Childcare**  
at River Valley Club  
where **playing and learning** go hand in hand

# **Curriculum**

## **2023-2024**

**Our play-based curriculum focuses on development in the domains of the NH early learning standards.**

### **Social and Emotional**

Teachers support young children's social and emotional development by providing guidance to experience positive interactions with adults and other children. Children's healthy social and emotional development will enable them to build and enjoy friendships.

### **Language and Emergent Literacy**

Young children progress in language development by observing, listening, conversing, asking questions, singing songs and retelling well-loved stories. Teachers engage with and respond to young children's verbal and non-verbal communications. Teachers support children's emergent literacy by reading to them, telling stories, playing with letters, sounds and words, and providing opportunities to play with written language.

### **Early Numeracy**

Children from earliest infancy begin to discover mathematical concepts, such as more or less. Teachers support this development by offering hands-on play opportunities that encourage children to pose questions, explore and problem solve, laying the foundation for the development of logical reasoning and abstract thought.

### **Science and Social Studies**

Like scientists, young children observe their world, wonder about what they see and experience, and ask questions about the physical and social aspects of their environment. Teachers support the development of scientific and social thought by offering play-based experience that involve creativity, communication, cooperation and collaboration.

### **Approaches to Learning**

Young children learn in many ways. Children are motivated by curiosity and interest to explore their environments. Teachers support this learning by providing children with interesting, appropriate and satisfying play opportunities that allow them to practice, explore and experiment.

### **Physical Development and Health**

Teachers provide daily opportunities for children to engage in sustained, moderate to vigorous physical activity, outdoors and indoors. With guidance from adults, young children develop an understanding of the link between safe and healthy habits and their body's growth and development.

### **Creative Expression and Aesthetic Appreciation**

Young children respond emotionally, cognitively, and with their whole bodies to the arts and the natural world. Teachers help children have experiences with the arts and the natural world that help them integrate sensory, emotional, physical and cognitive learning.