

SPINATHON REGISTRATION



Name: _____

Address: _____

Phone: _____

Email: _____

Emergency contact: _____

Emergency contact Phone: _____

RELEASE: I am fully aware of the risk inherent and hereby waive any right or cause of any kind. In signing this form, I fully understand the danger and assume full responsibility for personal injury.

Signature: _____ Date: _____

Return completed registration form to Jennifer Karr // Jennifer.Karr@RiverValleyClub.com

Requested bike # _____ Circle one: solo / team

Team name: _____

Team captain: _____

Team members names: _____

**EACH BIKE MUST
RAISE A MINIMUM OF
\$200 IN PLEDGES**

I am unable to join you, but would like to contribute by donating:

\$25.00 \$50.00 \$75.00 \$100.00 OTHER

Our annual SPINATHON benefits WISE

WISE leads the Upper Valley to end gender-based violence through survivor-centered advocacy, prevention, education and mobilization for social change. Our vision is a world of freedom, justice, equality and dignity where all thrive.

For almost 50 years, WISE has been the sole provider of crisis advocacy and support for victims of gender-based violence within 21 communities of the Upper Valley. WISE is a non-profit organization dedicated to supporting people and communities impacted by domestic violence, sexual violence and stalking. WISE offers a confidential and free 24-hour crisis line, peer support groups and workshops, emergency shelter, safety planning and in-person advocacy at hospitals, police stations, court houses and other social service agencies. WISE works with youth, professionals, and the community to develop relevant and comprehensive prevention strategies. WISE is committed to engaging everyone in learning to recognize and eliminate the root causes of violence.



www.WISEUV.org

**Crisis Support
Advocacy & Prevention** | Domestic Violence
Sexual Assault
Stalking